

SSPC NEWSLETTER

June 2026

New Staff!

We are excited to announce that our therapy team is growing! Please help us welcome:

- Nicola Seavey (OT)
- Emily Piper (PT)
- Marisa Carbone (PT)
- Maya, Chloe, and Brooke (therapy aides)

Clinic Updates!

SSPC will be opening a playground for more outside play! To help maintain a safe environment, the playground is reserved for therapist-guided use during scheduled sessions.

Outdoor Play!

Outdoor play during summer is a very valuable part of childhood! It supports physical health, emotional development, social skills, creativity, and even academic readiness – all while giving kids a break from screens and structured schedules.

BENEFITS

- Fosters creativity & imagination with unstructured play
- Promotes physical health with exercise & activities
- Encourages social skills by fostering teamwork & collaboration



WAYS TO GET OUTSIDE

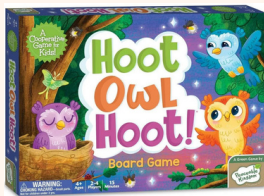
- Community playgrounds
- Water play
- Chalk
- Kicking or tossing a ball
- Riding a bike or scooter
- Go for a family walk
- Make an obstacle course
- Make a garden

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Games We Love & Why!

Cooperative Play



Peaceable Kingdom has a variety of games where everyone is a winner. These are great for sportsmanship, attention, and social skills.

Fine Motor Games



Support fine motor skills with games like Noodle Knockout or Don't Break the Ice by using a variety of tools such as tongs, tweezers, hammers, or utensils.

Gross Motor Games



Hurry Up Chicken Butt & The Floor is Lava challenge kids to use their balance, core strength, coordination, and quick thinking skills!

Executive Functioning Games



Executive functioning games help children develop skills such as impulse control, memory, and flexible thinking.