

SSPC NEWSLETTER

August 2025

Strategies for Tick Prevention

- Know where to expect ticks: grassy, brushy, or wooded areas
- Treat clothing and gear with products containing 0.5% permethrin
- Avoid wooded and brushy areas with high grass and leaf litter.
- Use EPA registered insect repellents containing DEET, picaridin, IR3535, Oil of Lemon Eucalyptus (OLE), paramenthane-diol (PMD) or 2-undecanone
- Conduct full body check for ticks. Don't forget to check your clothing, gear and pets
- If you find a tick on you, grasp the tick as close as you can to the skin's surface and pull straight away from the skin. Thoroughly clean the area with soap and water and watch for fever or rash development within several weeks of the bite.
- Contact your primary care doctor with concerns

Reminders

Our last week of summer groups is August 25th - August 28th.

August Summer Group Themes

AUGUST 4TH - 8TH: CAMPING

**AUGUST 11TH - 14TH: ICE CREAM
& COLD TREATS**

**AUGUST 18TH - 21ST: FOREST
ANIMALS**

**AUGUST 25TH - 28TH: LAST
WEEK/WRAP UP**

SSPC NEWSLETTER

August 2025

Nature Scavenger Hunt



NATURE



SCAVENGER HUNT

- | | |
|--|--|
| <input type="checkbox"/>  CLOUDS | <input type="checkbox"/>  SPIDER WEB |
| <input type="checkbox"/>  GREEN LEAF | <input type="checkbox"/>  FLYING BUG |
| <input type="checkbox"/>  SMALL ROCKS | <input type="checkbox"/>  A BIG STICK |
| <input type="checkbox"/>  WATER | <input type="checkbox"/>  GRASS |
| <input type="checkbox"/>  FLOWERS | <input type="checkbox"/>  BROWN LEAF |
| <input type="checkbox"/>  A TALL TREE | <input type="checkbox"/>  AN ANIMAL |
| <input type="checkbox"/>  A LOG | <input type="checkbox"/>  SUNSHINE |
| <input type="checkbox"/>  SINGING BIRD | <input type="checkbox"/>  ANIMAL TRACKS |
| <input type="checkbox"/>  DIRT, MUD, SAND | <input type="checkbox"/>  A HOLE |
| <input type="checkbox"/>  ANTS | <input type="checkbox"/>  FEATHER |

SUNSHINEANDHURRICANES.COM