

SSPC

NEWSLETTER

JUNE
2025



What's New

SUMMER GROUPS

We're excited to offer summer groups from June 23rd- August 28th.

We are proud to introduce our new students, Emily and Carolyn, and therapy aides, Nora and Tori, who will be joining us over the summer.

Summer Speech & Language Tips

Get outdoors! Summer is the perfect time to explore the world around you. Take a nature walk or set up an outdoor scavenger hunt. Ask your child to describe what they see, hear, smell, and touch, helping to expand their language and vocabulary skills. For children with speech sound disorders, encourage them to find things in their environment that start with the sound they are working on.

Craft of the Month

Materials Needed:

- coffee filter
- washable markers
- spray bottle/mister
- pipe cleaner
- clothespin

Steps:

1. Draw designs on top of coffee filter
2. Fill spray bottle
3. Spray coffee filter and make sure the whole design is sprayed
4. Set aside to dry
5. Repeat steps 1-4 on a different coffee filter
6. When both filters are dry, fold each piece accordion fold or fan fold
7. Use a pin to secure folded coffee filters in the middle of the coffee filter
8. Adjust to open the filter to make them look like the wings of the butterfly. One filter should be the top butterfly wings and the other should be the bottom butterfly wings
9. Add the antennae using the pipe cleaner



Developmental Dressing Skills/Milestones

Now that it's finally warm, we can put away our winter clothes and unpack our summer clothes! This is a perfect time to work on independent dressing skills! Listed above are age-appropriate dressing skills. Remember to be patient during practice and provide assistance as needed.



Age	Developmental Dressing Skills/Milestones
1	<ul style="list-style-type: none"> • Removes socks • Can put on and take off a loose-fitting hat • Helps with dressing by pushing arms through sleeves and legs through pant openings
2	<ul style="list-style-type: none"> • Can remove socks • Removes simple clothing such as pushing down pants or pulling off socks • Once shirt is over their head, they can find and push their arms through the shirt opening
2 ½	<ul style="list-style-type: none"> • Attempts to put on socks • Unbuttons a large button • Can put on easy clothing such as jackets or open-front shirts without zipping or buttoning them
3	<ul style="list-style-type: none"> • Able to put on a t-shirt with a little help • Able to button three or four buttons • Can unbuckle a belt with practice • Able to find the front side of clothing and dress themselves with supervision
3 ½	<ul style="list-style-type: none"> • Able to unzip a jacket and separate the sides of the zipper • Able to button three or four buttons • Can unbuckle a belt with practice • Able to find the front side of clothing and dress themselves with supervision
4	<ul style="list-style-type: none"> • Able to start the zipper and complete zipping up a jacket with practice • Able to place socks and shoes on with appropriate orientation
5	<ul style="list-style-type: none"> • Able to dress independently • Tie and untie shoes

